



ASN UPENDO VILLAGE

TITLE: ASN UPENDO VILLAGE

PERIOD: November-December 2015

SUBMITTED TO: UPENDO VILLAGE, NFP, USA

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA

DATE: January 2016

Executive Summary

ASN Upendo Village has continued to live its name by providing love to the community and especially those infected and affected by HIV and AIDS. This report therefore, covers the activities that were carried out during the months of November and December 2015.

Among the highlights is that 18 of our sponsored pupils in class 8 sat for their Kenya Certificate of Primary Education exam (KCPE). After the KCPE result were released Out of the 18 students who sat for this exam, 6 pupils managed to score 250 marks and above while those with less than 250 marks were 12. Early during the month of December 2015, we organized two academic days for the Primary, High school/College students respectively to evaluate their academic performance.

In the Income Generating Activities Department, 5 goats gave birth, 2 to 2 female kids each goat and 3 goats gave birth to 3 male kids. 9 clients and 3 guardians benefited with dairy goats making the total number of families which have benefited to 340 since the inception of the program.

The medical department continued providing preventive as well as curative services to both our clients as well as the wider general public. Nutrition department educated our clients on the importance of balanced diet, environment and body hygiene.

The social services department was able to provide psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children. The support group department successfully enrolled 13 new HIV positive clients and 6 HIV positive kids to the kids club.

The pages that follow provide in-depth of various activities that were carried out by the ASN Upendo Village team in the different departments during the months of November and December 2015. We would like to most sincerely thank all our supporters because it is as a result of their noble and generous giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

Administration

Kitchen and Dining Project

The construction of Kitchen and dining project commenced on November 20, 2015. Sr. Dr. Florence led the groundbreaking process and removing of the top soil started on the same day. On 23rd November, the building was set and digging of the foundation started.



Left: Sr. Dr. Florence and Sr. Agnes Waema leading members of staff in ground breaking process of the Kitchen and Dining project. Right: Construction team preparing the site and removing the top soil at the site.



Setting of the building and digging of the foundation

End of year party

The end of year party was celebrated on December 24th, 2015 where we gave farewell to Sr. Juliana Mutisya who was working under the Social welfare department as a social worker. Sr. Juliana was transferred to another Assumption Sisters of Nairobi station.



Sr. Dr. Florence Muia assisting Sr. Juliana to cut cake which was prepared during the farewell party. Right: Sr. Dr. Florence handing over gift to Sr. Juliana.

Staff retreat

ASN Upendo Village staff retreat this year was held on November 14th at Machakos people's park in Machakos County. Staff members enjoyed themselves to their fullest by engaging in various recreational activities such as; playing football and Volleyball; walking around the park and also site seeing at the adjacent Maruba Dam. They also enjoyed a superb lunch at the park. After their visit to Machakos People Park, the staff retreated to Katoloni pastoral centre in Machakos town where they were to spend the night.



Upendo village members of staff engaging in different sporting activities



Left: Members of staff having lunch at Machakos people park. Right: Staff getting ready to enjoy drinks at Katoloni pastoral centre in Machakos town.

Staff had a delightful time together at Machakos pastoral centre where they had supper/dinner in common.

Afterwards, staff members assembled to share drinks and give presents to their secret friends. The next day which was on a Sunday 15th, staff members went for Mass together at Cathedral Machakos Catholic Church and afterwards shared lunch at Netland hotel in Malili near the proposed Konza city.



Left: Sr. Florence exchanging gift with his secret friend Josto Murage. Right: Sr. Juliana exchanging gift with Eric Mati



Left: Upendo village members of staff taking lunch at Nedland Hotel. Right: Members of staff posing for a group photo before travelling back to Naivasha after enjoying the retreat

Education Department

The culmination of primary education in Kenya comes when class 8 pupils sit for the Kenya Certificate of Primary Education (KCPE) exam. In early November 2015, 18 pupils under the ASN Upendo Village Sponsorship program sat for the KCPE exam which is a National exam. The KCPE results were released in late December 2015. The table below gives an analysis of how the sponsored pupils fared in this KCPE exam. Majority of the sponsored pupils did not fare well in the KCPE national exam because they were academically challenged. This was further worsened by the teachers strike in the entire month of September 2015.

Marks Scored	No. of pupils
Below 250 marks	12
250-300 marks	1
301-350 marks	4
351 marks & above	1
TOTAL	18

KCPE results Analysis

The department during the month of December 2015 organized two academic days to evaluate the academic performance of pupils/students in the sponsorship program. The first academic day took place on December 8th. It was attended by pupils at the kindergarten level up to class seven. In attendance were 89 pupils accompanied by their parents/guardians. All pupils who had excelled in their academics were awarded.



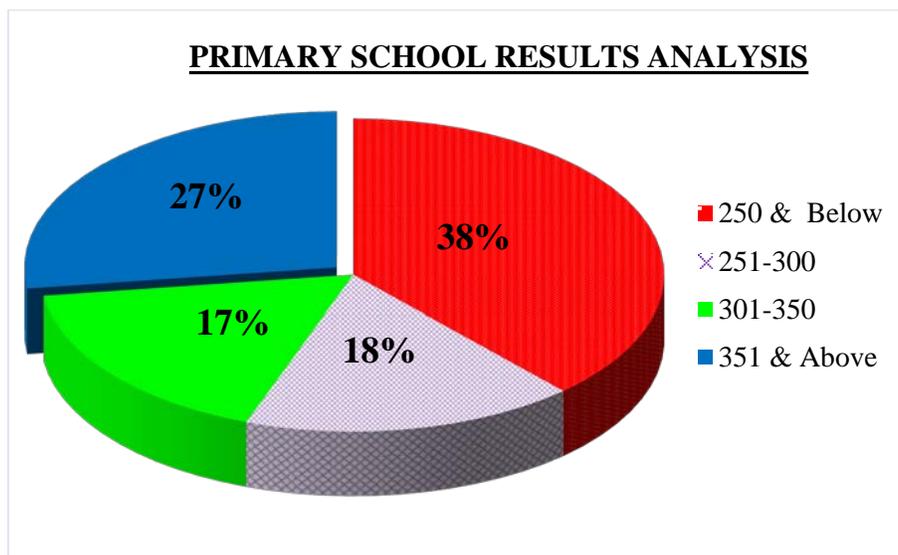
Sr. Agnes addressing pupils and their parents/guardian during academic day I



Left: Pupils being served with hot meals. Right: Pupils enjoying their meals during lunch

The pie chart below gives an analysis of the academic performance of class one to seven pupils. The analysis show that 62% of the pupils had managed to score between 250 marks and above with 38% scoring below 250 marks.

The disruption of the learning process by the teachers strike during the month of September partly contributed to the poor performance of most pupils in public primary schools.





Pupils posing with their gifts in academic day 1

The second academic day took place on 15th December and attended by class 8 pupils, high school students and College/University students. In attendance were 94 pupils/students accompanied by their parent/guardians.

The staff from ASN Upendo Village gave talks to students and pupils on various topical issues such as: HIV/AIDS and roles and responsibilities during school holidays among other topics.



Mr. Samuel Maina addressing students during academic day II

The performance of most high school students was fairly impressive. The bulk of the students scored between B and D+ with a few scoring below D+. Six students did not sit for their end of term exam because their school was on strike.

The table below shows a summary of how the high school students fared during their final end of term exam in year 2015.

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 1				2	1	1	2	1	3	2			4	16
Form 2				1	3	2	3	1	5	1	1		1	18
Form 3				2	3	2	3	4	2	1		1	1	19
TOTAL				5	7	5	8	6	10	4	1	1	6	53

KEY

Z-No results

The Form 4 students sat for the Kenya Secondary Certificate Exam (KCSE) and their results will be out in March 2016. All those students who had put up a good performance in the end of term exams were awarded to encourage them to keep up with their good performance.



Some of the good performing students in high school posing with their awards

Income Generating Activities Department

The program is working hard to meet the goal of empowering and enlightening clients on start different projects in order to improve their living standards and to break poverty cycle. Upendo Village has witnessed this enhancement since some of our clients are able to meet some needs of their families.

Dairy goats

During the period under review, 9 clients and 3 guardians benefited with dairy goats making the total number of families which have benefited to 340 since the inception of the program. 5 dairy goats have given birth during the period; 2 female kids and three male kids and milk production from these dairy goats on average is 1 litre.



Sr. Agnes posing for a group photo with beneficiaries of dairy goat project at ASN Upendo Village

Environmental Conservation

During the month of December, an entire number of 200 students and their guardians were educated on the importance of the tree planting. The students were encouraged to venture in seed nurseries as an income generating activity during vacations/holidays.

Challenge

- ✚ Two goats died during the period; one from Upendo Village suffering from lungs problem and the other for a client.

Way Forward

- ✚ Close monitoring of different projects

THE MEDICAL DEPARTMENT

Dispensary section is one of the few departments in Upendo Village Umbrella. It's made up of dedicated team members with different professionals and in the last twelve months it has made major milestones in terms of clientele attendance and quality provision of healthcare.

In the months under review, the dispensary continued to provide preventive and curative services to both our clients and the general public.

The tables and figures below show different services that were provided in the month of November and December 2015.

Attendance in the month of November and December 2015 (Outpatient general cases)

Cadre	1st Attendance (November)	2nd Attendance (December)	Total
Male	138	270	408
Female	206	338	544
<5 years	33	82	115
Total	377	690	1067

Maternal and child health		Child welfare clinic	
New cases	4	Re-attendance	128
Re-Attendance	20	New cases	29

HIV and AIDS enrolments

In care Enrollments	5 Patients
VCT testing	51 Patients

Additional services

Laboratory tests done	649
Cervical cancer screening	3
Physiotherapy	0

Top ten institution diseases

1. Upper respiratory tract infection(URTI)
2. Gastroenteritis
3. Tonsillitis
4. Pneumonia
5. Skin infections
6. Typhoid fever
7. Joint pains and arthritis
8. Septicemia
9. Hypertension
10. Urinary tract infection(UTI)

NUTRITION DEPARTMENT

As the year comes to an end, the department highly appreciates our donors and well-wishers who have been supporting this program.

The department is pleased to report that as the year ends, we have attained a lot, not failing to report that we have encountered some challenges.

The department has been keen on educating members of four support groups on the following topics:

- ✚ Taking a well-balanced diet
- ✚ Personal and environmental hygiene
- ✚ Procedures followed while preparing meals
- ✚ Proper hand washing methods and procedures

Achievements

- ✚ Nutritional supplements have made our clients to be healthier.
- ✚ No bedridden cases have been reported.
- ✚ Hygiene related infections are very low.

Challenges

- ✚ Some of our clients are still stigmatized and therefore not ready to share their life experience with others.
- ✚ Due to increasing number of clients, the ratio of food supplements given to clients isn't sufficient.

During the month of November and December, ASN Upendo Village through the nutritional department managed and succeeded to provide nutritional supplements to an average of 227 clients and 26 grandmothers.

Support group attendance

Name of the support group	Nov 2015	Dec 2015
Mai-mahiu	47	63
Karai	76	68
Mirera	71	60
Town	33	36
Total	227	227

Way forward

- ✚ Continue encouraging stigmatized clients to come in to terms and accept themselves in order to live positively.

Social Welfare Department

Support groups

During the months under review, the four main support groups held monthly meetings, discussed about food poisoning in the month of November and celebrated World AIDS day on 1st December.



Clients prepare vegetables for Lunch during support group meeting

Grandmothers Project

Christmas gift (Donation)

A friend of Upendo Village from US (grandmother) donated Christmas gift to ASN Upendo Village grandmothers worth \$US 1000 (Kshs 100,000).

The donation in cash was used to buy food stuffs which were distributed to 53 grandmothers on December 22nd, 2015. They were very grateful and appreciative to the donor.



Left: Group photo of grandmothers after receiving gifts at ASN Upendo Village. Right: Grandmothers showing a sign of gratitude as they leave Upendo Village after receiving the Christmas gifts

Grandmothers received gifts of Kitenges/Kangas (Fabric worn by women and wrapped around the chest or waist) from Josto Murage (Clinical Officer at ASN Upendo village) and they were very grateful.



Grandmothers pose for a photo with Josto Murage (clinician Upendo village)

A local donor from Naivasha town donated food stuffs worth Kshs 5000 on December 24th, 2015 and 5 needy families benefited from the gift.

Visit by Marist International University College students

On 12 November 2015, ASN Upendo Village was privileged to host students from Marist International University College. This was a good gesture/indication that different institutions appreciate and support projects been implemented by ASN Upendo Village. During the visit, the students were able to meet members of Karai support group and clients shared their experience.



Sr. Agnes Waema (Alumni Marist University College) orienting and familiarizing students from Marist University College with different programs at ASN Upendo Village

Kids club

During the month of November we held two meetings for HIV positive kids and teenagers. On 24th November 2015, we held a meeting for children below 13 years and 63 children turned up with 46 guardians. On 27th November 2015, 21 teenagers turned up for the meeting with 20

guardians. Children between ages 3 and 7 years did drawings and played games while kids between 8 and 12 years were taken through self-awareness topic. The department invited a HIV positive couple who addressed the teenagers.



Left: Teenagers playing different games. Right: Kids taking lunch during kids club meeting

World AIDs Day 2015

Theme: Getting to Zero

World AIDS Day is held on the 1st December each year and is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV and to commemorate people who have died.

Upendo village mobilized clients to mark World AIDS day on 1st Dec 2015. We had 2 groups one at Upendo (composed of 3 main support groups) while the group in Maai Mahiu celebrated on 3rd Dec 2015. Clients contributed money to make the day colorful and they bought cakes, fruits and prepared very delicious lunch. We had also a procession around Karai and Kayole market. In total, we had 180 clients who united together to celebrate the day at ASN Upendo Village.



Staffs prepare red ribbons in preparation for World Aids Day



Clients marching during World AIDS Day



Left: Members of Maai Mahiu support group cutting cake during World AIDS Day. Right: Clients serving lunch during the celebrations

Enrolment

Clients	November 2015	December 2015	Cumulative
HIV positive men	0	4	729
HIV positive women	7	2	2,123
HIV positive children	4	2	318
OVCs	21	11	6,060
House hold members	3	5	273
PMTCT Babies	1	0	356

Home and hospital visits

During the period under review, department made 4 home and 7 hospital visits. It is during these visits that the department assesses clients who are in need and can benefit from Upendo Village programs.

Prevention of Mother to Child Transmission of HIV (PMTCT Project)

ASN Upendo Village continues to support HIV exposed babies with formula milk. Exclusive replacement feeding is the best choice if we want to prevent mother to child transmission of HIV. During the months of November and December 2015, the department distributed 20 and 26 tins of formula milk respectively. We had 5 babies on formula milk and 3 expectant mothers.